

MIND GAMES

“Overcoming The Lies We Tell Ourselves”

Lesson 6 **“Renewing Your Mind”** *Choosing the Right Attitude*

Scripture: Romans 12:2, Numbers 14

♥ **Group Opener:** *(Choose a question for your life group to discuss.)*

1. What great cause has really pumped you up? How have you demonstrated this excitement?
2. At work, what is your usual role: Active initiator? Reliable respondent? Delegated to implement? Just along for the ride? Foot-dragger? Antagonist? (Explain)

♪ **Worship and Waiting on God:**

Have someone in your group prepare to lead in worship. Before worship begins pray over the leader and invite the Holy Spirit to use them.

✍ **Group Facilitator** – *It is not necessary to use all the questions. Select ones that will stimulate the most response from your small group.*

1. What is an attitude?
2. Describe a Christ like attitude. *(Philippians 2:5-10)*
3. Since you were born again, can you truly say that your attitude has changed for the better? If so, what are these changes? *(2 Corinthians 5:17)*
4. In our lesson today, it says that an attitude is a mind set, a behaviour pattern, a line of thought. What do you think are the attitudes that God wants to renew in you? *(Galatians 5:16-25)*
5. Charles Swindoll says, “Life is 10% what happened to you and 90%, how we respond to it. How true is this in your life? Give a testimony (if time permits).
6. How serious are you in dealing with your attitude problem?
7. We learned from this lesson that, it is our attitude, not our aptitude that will determine our altitude. *(Philippians 4:13)* Reflecting on this saying, what do you think is that negative attitude that hinders your progress in life spiritually and physically?
8. It has been said, it is harder to maintain than to obtain. Do you have any specific plan to maintain a Christ like attitude?

✓ **Selah (Stop and Think about it):** *(Take the time to make personal application of this section. Have each member share with the group.)*

- What are some unhealthy attitudes that you are struggling with?

- What practical steps do you need to take to make some major attitude adjustments in your life?
 - Get into small groups and pray for each other to take the necessary actions steps this week.
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Life Group Leaders Information:

- Plan a prayer night with your Life Group. Go on a prayer walk in your area and pray specifically for the Lord to bring a spiritual breakthrough in that region of Kuwait.
- Keep the vision of multiplication before your group. Take time to quote our vision statement.

OUR VISION (Habakkuk 2:2)

The vision of TLC is the advancement of God's Kingdom to every people and nation through the multiplication of disciples. We heartily accept the challenge of the Great Commission, and we understand that this is our destiny and purpose. We dedicate our lives and resources to this end, and we completely commit ourselves to the fourfold strategy of:

Winning the lost,

Connecting them to the body of Christ,

Teaching them the whole counsel of God, and

Sending them out to fulfill their destiny as spiritual multipliers.

To God be the glory!